



Carver College
of Medicine

42nd Annual University of Iowa Sports Medicine Symposium

Hyatt Regency Coralville Hotel & Conference Center

December 10-11, 2026

AGENDA

Thursday, December 10, 2026

START	SESSION A	FACULTY
7:55	Opening Remarks	Brian Wolf, MD, MS
8:00	The Hip	Tyler Johnston, PT, DPT, SCS
	Extraction of the dislocated hip patient from the field	Johnnie James, MS ATC LAT
	The evidence for hip arthroscopy	Robbie Westermann, MD
	From Protection to Performance: Postoperative Hip Rehabilitation	Amanda Paulson, PT, OCS
	My approach to rehab of the post op hip	Ashley Campbell, PT, DPT, SCS
	Anterior hip tightness- are we chasing our tails? The comparison to post op sx of the knee or shoulder	Tyler Johnston, PT, DPT, SCS
	The research on psych factors	Nick Bender, MS, LAT, ATC
	What I do differently now than when I started my career	Ashley Campbell, PT, DPT, SCS
	YAH: The UI Experience....so far	Mike Willey, MD
	What are the next big questions for care of the YAH?	Jess Goetz, PhD
	Questions?	
10:10	BREAK	

START	SESSION B	FACULTY
10:30	Leg Pain with Running	Tyler Slayman, MD
	Running Sucks: Sorting Normal Aches from Pathologic Pains	Tyler Slayman, MD
	Compartment pressure testing – practical	Billy Saul, Devin Spiess, Sara Smith, Emily Link
	Surgical Management of Runner's Leg Pains	Michael Rocca, MD
	Imaging Workup of Bone stress injury	Tim Thomsen, MD
	Management of bony stress injury	Lisa Woodroffe, MD
	Managing Bone Health Across the Lifespan	Lori Fitton, PhD, APRN, CNP, CCD
	Loading for Optimal Bone Health	Barb Van Gorp, PT, DPT, OCS, CSCS
	Questions	
12:10	LUNCH	

START	SESSION C	FACULTY
1:00	Advances in Tendinopathy	Britt Marcussen, MD
	Pt Education as Treatment	Ruth Chimenti, DPT
	Is There a Quick Fix? Bracing and Taping.	TBD
	Progressive Tendon Loading	Barb Van Gorp, PT, DPT, OCS, CSCS
	Shockwave. The Evidence	Tyler Slayman , MD
	Surgical Debridement	Matt Bollier, MD
	Minimally Invasive Procedures (USGT)	Mederic Hall, MD
	Cases	
2:25	BREAK	

START	SESSION D	FACULTY
2:40	2026: The Sports Landscape	Mederic Hall, MD
	Tracking Injury, Improving Health and Safety: Insights from the NCAA Injury Surveillance Program	Deena Casiero, MD
	The Portal is Open: Medical Management of the Transferring Student Athlete	Andrew Peterson, MD
	Mental Health in NCAA basketball study	Med Student
	Mental Health in College Athletics: Current Research and Future Directions	Deena Casiero, MD
	Working 9-5: The Evolution of the AT Career Path	Megan Lundstrom, EdD, LAT, ATC
	Resources and Strategies for a Sustainable Athletic Training Workforce	Deena Casiero, MD
	Running Your Own Business; Providing Athletic Training Services to the Community; Outreach Models and Staffing	Michael Donahue
	Is This REALLY What I Signed Up For?	Lisa Celluci
	Questions/ Discussion	
5:20	ADJOURN	

AGENDA

Friday, December 11, 2026

START	SESSION E	FACULTY
7:55	Opening Remarks	Mike Shaffer, PT, MS, ATC, OCS
	Shoulder Instability	Matt Bollier, MD
	Sideline Reduction of Acute Dislocation	Kammy Powell, MS
	Traumatic Disloc – Demographics, Reduction	Atef Kotob, MD Terese Whipple, MD
	The 5 Ws of Recurrent Instability	Michelle Connell, DPT ATC
	In season vs. Post season management of shoulder instability in the athlete	Volker Musahl, MD
	When soft tissue repair isn't enough/ Beware the laterjet	Joe Galvin, DO
	My algorithm for the MDI patient	Brian Wolf, MD, MS
	Don't sully the sully. Evidence for use of braces	Jesse Donnenwerth, PhD, ATC Kammy Powell, MS
	Decoding the Shoulder: Integrating Genomics, Proteomics, and Transcriptomics in Shoulder Instability and Rotator Cuff Tears	Joe Galvin, DO
	Questions	
	I've seen it all, musings from a PT, ATC, Patient, Small Business owner	Jim Hoegh
10:10	BREAK	

START	SESSION F	FACULTY
10:25	The ACL.	Barry McDonough, MD
	Mirror, Mirror... Have ACL Outcomes Improved? (Future possibilities. Outside the box)	Barry McDonough, MD
	ACLR. Surgery demonstration	Brian Wolf, MD, MS
	My Approach to ACLR Revision	Volker Musahl, MD
	Updates from MOON/ MARS Registries (10 year data)	Brian Wolf, MD, MS
	ACL+ MR. How Does Surgery on One Affect the Other?	Michael Rocca, MD
	Questions	
	An Athlete's Perspective	TBD
12:20	ADJOURN	

Accreditation



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.